

Val Gardena Active - Summer 2010

Dear guest,
with this weekly
programme we
would like to invite you
to experience nature actively in
Val Gardena and to put together your
personal holiday programme in an easy and creative way.



As our accommodation facility is member of Val Gardena Active, all the activities listed below are included in the price of the accommodation!



We would be glad to discover and enjoy the unique natural landscape of the Dolomites (UNESCO Natural World Heritage) together with you!



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ACTIVITIES IN SELVA VAL GARDENA

1. Guided excursions in the Nature Park Puez-Odle
2. Guided excursions on the alpine pastures of the Dolomites
3. Wildlife watching with an expert
4. Sunrise hikes to the Mount Stevia
5. Sunset hike to the Bustac hill
6. Children's entertainment and child care (0-14 years)
7. Nordic walking
8. Yoga
9. Body Buddy – The Streetstepper
10. Guided technical mountain bike courses
11. Guided mountain bike tours of easy and medium difficulty
12. Sellaronda mountain bike tour – clockwise and anti-clockwise
13. Excursion “La Ferata de Gherdëina” (the Railway of Val Gardena)
14. Visit to a riding school
15. Visit to a wood carving laboratory
16. Excursion on the track of the Ladin culture
17. Cookery course
18. Climbing course

With these great offers there will be no time for boredom in Selva Val Gardena!
Take the chance to experience an unforgettable holiday.

Your accommodation facility
in collaboration with the
VAL GARDENA ACTIVE TEAM - SELVA

